

Ask your child to tell you what they like most about the internet and why e.g. sites they visit, ways to communicate, games they play etc.

What does a better internet mean to them?  
(Is it safer, kinder, more fun, with more to do, fewer age restrictions etc?)

Ask your child what they would like others to do, to improve or change the internet and make it a better place.

What could your child do themselves to make the internet a better place? Do they have creative skills, or ideas, to design a great new website or app?

Encourage your child to do good digital deeds to help others. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

Ask your child if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

Think about how you each use the internet. What more could you do to use the internet together? Are there activities you could enjoy as a family?

Ask them to tell you how they stay safe online. What tips do they have for you, to deal with online issues, and where did they learn them?

For more information and advice, visit  
[www.saferinternet.org.uk](http://www.saferinternet.org.uk)