

Cheadle Catholic Junior School Year 3

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Circles: Managing Feelings	Circles: Sensitivity	Circles: British Values-Respect and Tolerance	Circles: Being independent	Circles: Learning Styles	Circles: Self-Esteem
RSE-Friends, family and others. A community of Love Sharing Online-Link to E-safety	RSE: When things feel bad.	RSE: Jesus My friend Chatting Online-Link to E-safety	RSE: How do I love others Safe in my body-Links to healthy Lifestyles.	RSE: First Aid hero's	RSE: What is the Church?
DATE: Making choices/ peer pressure/ keeping safe (Activity 1)	DATE: Peer relationships and friendships (activity 2)	DATE: Talk about & understand the role of medicine - drugs and medicines (Activity 4)	DATE: Harmful aspects of some household products & medicines. (activity 3)	DATE: Identifying dangers (Activity 6)	DATE: Drugs can have positive and harmful effects (activity 5)
E SAFETY: Be Internet Sharp Activity 1-Is it ok to share?	LIVING IN THE WIDER WORLD: Keeping safe at home and on dark nights- (can also link in Bonfire Safety) Jobs	E SAFETY: Be internet Alert Activity 1 Reality River Be Internet Secure Activity 4 Tower of Treasure. https://beinternetawesome.withgoogle.com/en/interland	HEALTHY LIFESTYLES: Healthy Eating	E SAFETY: Be Internet Kind activity 1- How can I stand up to others Online?	LIVING IN THE WIDER WORLD: Stranger/danger. Money (Project Week)

Cheadle Catholic Junior School Year 4

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Circles: Communication skills	Circles: Different Perspectives	Circles: British Values-Individual Liberty	Circles: Conflict/Resolution	Circles: Diversity and Uniqueness	Circles: Teamwork
RSE-What is a church What am I feeling (Link to DATE)	RSE: Get Up- Story of Jairus. A community of Love	RSE: We don't have to be the same. Drugs, Alcohol and tobacco (year 3 links to DATE) What am I looking at? Links to E-Safety.	RSE: How do I love others? Respecting our Bodies-Link to healthy Lifestyles.	RSE: What is puberty?	RSE: Changing Bodies I am Thankful (Link to DATE)
DATE: Identify & name some feelings. Express positive and negative qualities	DATE: Harmful aspects of some household products & medicines. Keeping safe at home.	DATE: understand the effects of alcohol & tobacco. (DATE Lesson 2)	DATE: Simple choices about health and well-being - drugs. (DATE-Lesson 4)	DATE: Describe ways of keeping safe - safety in the home. (DATE Lesson 1)	DATE: Unwanted influences and peer pressure. (DATE Lesson 3)
E SAFETY: Be Internet Sharp Activity 5 Mindful Mountain. Be Internet Kind Activity 5 Kind Kingdom. https://beinternetawesome.withgoogle.com/en/interland	LIVING IN THE WIDER WORLD: Fire Safety Jobs	E SAFETY: Be Internet Sharp Activity 4- Keeping it Private Be Internet Alert Activity 1- Don't bite that Phishing Hook!	HEALTHY LIFESTYLES: Importance of regular exercise and fitness (covered in PE) and dangers of obesity.	E SAFETY: Be Internet Kind activity 3- Taking care of yourself and others. Be Internet Kind-Activity 4- Reacting to Role Models.	LIVING IN THE WIDER WORLD: Recycling and saving energy.

Cheadle Catholic Junior School Year 5

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Circles: Trust	Circles: Empathy and Tolerance	Circles: British Values- Democracy	Circles: Bereavement and Loss	Circles: Media and Stereotypes	Circles: Problem Solving
RSE- The Trinity	RSE: Giving First Aid	RSE: Is God calling you? Catholic Social Teaching. Under Pressure-Links to DATE. Sharing isn't always caring-Link to E-Safety.	RSE: Do you want a piece of cake? Cyber-Bullying (Anti-Bullying Focus) Self-Talk-Links to DATE.	RSE: Types of Abuse	RSE: Life Cycles (Year 4) Impacted Life Styles- Links to DATE Making good choices Links to DATE Reaching out-Links to Living in the Wider World
DATE: Beliefs & stereotyping. DATE peer pressure- activity 1	DATE: Legal & illegal substances and drugs. DATE activity 5	DATE: Make own judgements & decisions - resisting negative peer pressure. DATE peer pressure- activity 2	DATE: Express own views & respect others. DATE - activity 3- diamond	DATE: Legal & illegal substances & their effects.	DATE: Alcohol units and basic first aid. DATE- activity 7
E SAFETY: Be Internet Sharp Activity 4-Keeping it private and plenary.	LIVING IN THE WIDER WORLD: Water Safety Jobs- Visitors.	E SAFETY: Be Internet Secure Activity 1- Build a strong password.	HEALTHY LIFESTYLES: Body image perception and eating disorders.	E SAFETY: Be Internet Kind- Activity 3 Mixed Messages.	LIVING IN THE WIDER WORLD: Extra: Responsibilities and duties. Money (Project Week)

Cheadle Catholic Junior School Year 6

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Circles: Moral Reasoning	Circles: Resilience	Circles: British Values- The rule of the Law	Circles: Mental Health	Circles: Managing money	Circles: Leadership styles
RSE-Calming the Storm	RSE: Gifts and Talents	RSE: Spots and sleep Menstruation- Separate to boys. Body Image-Links to E-Safety.	RSE: Girls Bodies Boys Bodies The Trinity	RSE: Peculiar Feelings Emotional Changes Catholic Social Teaching	RSE: Seeing stuff online? Making Babies part 1 Reaching out
DATE: Attitudes, beliefs & stereotyping. DATE lesson 1	DATE: Risk taking and personal responsibility. DATE lesson 2	DATE: Making the right decisions DATE lesson 3/ 4	DATE: Confidently express own views & listen to & respect others. Alcohol misuse. Date lesson 4	DATE: Knowledge & effects of legal and illegal drugs and associated risks.	DATE: Transition.
E SAFETY: Be Internet Sharp Activity 2 whose profile is this anyway? Be internet Sharp activity 3- How do others see us?	LIVING IN THE WIDER WORLD: Bike and Road Safety Jobs	E SAFETY: Be Internet Alert-Activity 2 Who are you really?	HEALTHY LIFESTYLES: Fighting disease and improving health.	E SAFETY: Be Internet Kind Activity 2- Turning negative into positive. Be Internet Secure Activity 2-Shhh keep it to yourself.	LIVING IN THE WIDER WORLD: Extremism/ Refugees. Money (Project week)