



Glory be

Glory be to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning,
is now, and ever shall be,
World without end.

Amen.

Act of Contrition

Oh my God, because you are so good. I am
very sorry that I have sinned against you
and with the help of your Grace I will not sin
again.

Amen.

Eternal Rest

(Prayer for the dead)

Eternal rest give unto them, Oh Lord
and let the perpetual light shine
upon them.

May they rest in Peace.

Amen

Morning Prayer

Father in heaven you love me.
You are with me night and day.
I want to love you always,
in all I do and say.
I'll try to please you Father,
Bless me through the day.
Amen

Lunchtime Prayer

Bless us O God as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us O God.

Evening Prayer

God our Father, I come to say,
Thank you for your love today.
Thank you for my family and
all the friends you give to me.
Guard me in the dark of night,
and in the morning send your light.
Amen

