Cheadle Catholic Junior School

'Forward in Faith
Following in the footsteps of Jesus'

Friday 2nd October 2026

Focus of the week: Matt 21:28–32 In our Gospel Assembly this week, we heard the Parable of the Two Sons. Through a game a charades, we reinforced the message of actions speaking louder than words. It is easy to make promises of being kind and showing love for one another, but our actions also need to show this. **Thank you to Class 5DM for completing our reflection big book this week.**



Attendance

Now we're reaching the colds and sniffles season, the NHS has put together the following guidance for parents on deciding whether your child is too ill for school or not.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Parents Evening

There are still appointments left for our parent's evenings if you haven't yet had a chance to login. https://cheadlecatholicjuniors.parentseveningsystem.co.uk

Our appointments take place in the hall with children's work available to view in the classroom. We ask that you view work first (not after) appointments after 6pm.

Sponsored Walk



We are looking forward to getting out, getting some steps in and exercising together on our sponsored walk next week. All children are invited to join in and we kindly ask that you contribute if you are able to. All funds raised go directly to the benefit of the children paying for 'beyond the curriculum' items such house point treats and enrichment opportunities.

Private settings online

We teach children about staying safe online as part of our curriculum however, online safety does not stop at the school gate. If you are a parent or carer of a child aged 4-11, there's a new campaign that could make a real difference to their safety online. Every time children use apps, games or websites, information is collected about them - often without them realising. This can include their location, habits and even their mood.

The Information Commissioner's Office (ICO) has launched a free campaign called **Switched on to privacy** to help parents and carers of children aged 4–11 start these conversations. It's built around three simple steps:

- Chat with your child about online privacy
- Choose actively what personal information to share
- Check the settings when your child uses a new device or app

Just like we teach children to cross the road safely, we can help them build up smart habits online. Small conversations now can make a big difference as your child grows up. There are free tips, videos and conversation starters at https://ico.org.uk/switched-on-toprivacy/?utm_source=toolkit&utm_medium=email&utm_campaign=sotp

Have a lovely weekend
All at CCJS
All dates are subject to change

DIARY DATE	**EVENT** *Please be aware that dates below are provisional and may be changed.*
Wednesday 7th October	Sponsored Walk
Friday 9th October	Year 3 /4 celebration assembly – all welcome
Monday 12th October	Parents Evening – Bookings open Monday at 5pm
Wednesday 14th October	Class 6M and 6MC walk to Mass
Wednesday 14th October	Parents Evening – Bookings open Monday at 5pm
Friday 16th October	Show Racism the red Card Day – Wear Red
Wednesday 21st October	Class 4K walk to Mass (parents and carers welcome)
Friday 23rd October	Break up for Half term
Saturday 31st October	Deadline for Secondary school admission (applies to current Year 6 pupils)
Wednesday 25th November	Class 5C walk to Mass (parents and carers welcome)
Wednesday 2nd December	Class 3M walk to Mass (parents and carers welcome)
Wednesday 9th December	Class 3WM walk to Mass (parents and carers welcome)
Wednesday 19th May	Year 6 residential visit
Saturday 19th June	First Holy Communion – St Chad's and Christ Church parishes, 11:30am
Saturday 26th June	First Holy Communion – St Anne's parish, 11:30am
Monday 19th July	Year 6 Leavers Mass – 2:15pm
Friday 23rd July	Year Leavers Assembly – 9:15am

PSA

DECORATE/CARVING Pumpkin Competition!

Over half term can you decorate/carve a pumpkin?

STEP 1:
Paint/carve a pumpkin

STEP 2:
Take a picture of your design and email it to psa.ccijs@gmail.com

STEP 3:
Pay £1 entry on parentpay

One winner in each class and they will be awarded a prize after half term!

What will you design?

