TOGETHERNESS

NHS

Emotional resilience for the everyday

From understanding to thriving: for everyone.



Ideas proven to make a difference for emotional wellbeing and build children's confidence and kindness.

togetherness.co.uk/learn

TOGETHERNESS

NHS

Online learning pathways for your parenting journey and important relationships.

For healthier relationships and happier lives

- Antenatal and postnatal learning pathways for the foundations of emotional health
- Children's early development and behaviour
- Special educational needs and disabilities (SEND)
- Adolescence and young people's mental health
- Adult emotional health including trauma



Residents of **STOCKPORT**

In paid partnership with:

STOCKPORT METROPOLITAN BOROUGH COUNCIL

ONESTOCKPORT Family Hubs

Stockport Family

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