TOGETHERNESS

NHS

Understanding your child: from toddler to teenager

For confident, resilient, emotionally intelligent children - big and small



togetherness.co.uk/learn

TOGETHERNESS

NHS

Grow emotional resilience, together

Online learning proven to make a difference for children and families

- Understand more about child behaviour and the big feelings
- Find ideas for connecting, talking and problem solving together
- Help your child thrive through strong, connected relationships
- Build your confidence in parenting



Created by clinical psychologists in partnership with health professionals and parents

Residents of STOCKPORT

In paid partnership with:

STOCKPORT METROPOLITAN BOROUGH COUNCIL

ONESTOCKPORT Family Hubs

Stockport Family

NHS Stockport NHS Foundation Trust

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